



## **HIYC - Yoga Therapy Course (Terms and Conditions of Payment; Requirements for Participation; Code of Conduct)**

### **Terms and Conditions of Payment**

Full course fee and deposit amount are available upon consultation by emailing [info@hiyogacentre.com](mailto:info@hiyogacentre.com).

The course requires a deposit to secure the booking. The deposit is **NON-REFUNDABLE** however it can be transferred to any other Yoga Course at the HIYC and used within one year from the date of the ending day of the originally booked course.

Full payment for the Course is to be submitted upon arrival to the Centre/Ashram and before the course begins.

The rest of the course fee is refundable if the participant:

- Gets seriously sick (then a medical certificate of hospitalisation is required)
- Has been excluded from participation in the Course, due to not adhering to the Requirements for Participation, Code of Conduct, or the Terms and Conditions of Payment.

If cash has been paid then no administrative charge is taken. If a card or bank transaction has been made then we will deduct an administrative fee of 30%, which includes tax at 18% and 12% administrative charges.

In the event that the participant has to leave during the Course due to any of the 2 above points, the refunded amount will only include the cost of the days not participated in the Course.

***If the applicant resigns due to any other reason, no refund is possible.***

Students should pay for their course only if they are certain of their ability to comply with the course Requirements for Participation, the Code of Conduct, as well as the Terms and Conditions of Payment. (See below)

The paid fee however can be transferred to any other Yoga Course at the HIYC and used within one year from the date of the ending day of the originally booked course.

**If the applicant resigns due to other reasons no refund is possible.**

The Course fee includes all 4 weeks of classes (2 weeks of the prerequisite 5-Day Courses and 2 weeks of the Therapy Course at the Dharamkot Centre). Food during the two preparatory 5-Day Courses is not included. Food during the Therapy Part (second 2 weeks) is included. Accommodation is an extra charge depending upon the type of room you choose (see below).

### **Requirements for Participation**

Listed below are the requirements that students have to comply with in preparation for the Yoga Therapy Course:

- The necessary prerequisite for participation is to complete 2 Five-Day Yoga Courses at the Himalayan Iyengar Yoga Centre or at the Himalaya Shanti Ashram BEFORE the Therapy Course starts. This is included in the course cost but can be excluded if 5-Day Courses have been done in the past.
- If the above past courses were completed in the past it is recommended to do at least 1 week before the start date of Yoga Therapy.
- Every participant should adapt a daily rhythm according to the course schedule from the day of the meeting, 2 days before the beginning of the course  
That means establishing a sleeping pattern according to the course schedule
- Every applicant having chronic disorders, acute ailments or suffering from addictions will meet the teacher
- Every applicant will have to sign a form stating their agreement with the Requirements for Participation, the Code of Conduct as well as the Terms and Conditions of Payment.

The above requirements serve to keep our courses open to those Yoga students who have a true and genuine interest in personal growth and transformation.

## **Code of Conduct**

- It is recommended that students avoid any excess, which would be detrimental for the course, e.g. late nights and parties. Students have to come to class sober and on an empty stomach
- The students are expected to devote themselves entirely to the course giving undivided attention and presence during class. Even if the student does not feel well it is essential to attend the class as a special program will be given
- Students are expected to be punctual
- The Yoga Therapy Course requires complete dedication, both on the part of the Teacher and on the part of every Participant. In this regard, Participants should not actively seek any external stimuli or participate in activities not connected with the instructions of the Teacher. In order to minimize opportunities for distraction, the Participants are obliged to remain on the Ashram premises for the 2 weeks duration of the Therapy Course part at the Ashram.
- To be able to go deep into the process of the healing, prior to the start of the program, the Yoga Therapy Course Participants will arrange to obtain everything they may need for the duration of the Course part taking place at the Ashram. All the electronic devices, like phones, tablets, computers, music players etc, as well as the books, will be collected from all the Participants and given back on the last day of the Course. With respect to reading, students are to only read the materials instructed by the Teacher.

## **Disclaimer:**

Please note and understand that we reserve the right to;

- Undertake short-term changes in the program & structure of the Course
- Make exceptions to the above procedure in individual cases
- Change the price of Courses according to circumstances that are beyond our control
- Exclude people from the Course who do not adhere to the above conditions, and who would therefore be a disturbance.



***Himalayan Iyengar Yoga Centre (HIYC)***

**Village Dharamkot, Dharamsala 176219, Himachal Pradesh, North India**

**Winter Centre : Madhlo Vaddo, Arambol, North Goa 403524**

***Please visit our websites: [www.hiyogacentre.com](http://www.hiyogacentre.com) and [www.himalayashantiashram.org](http://www.himalayashantiashram.org)***

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